



Quarterly Combat



VOLUME 6

WINTER EDITION 2015



STATEMENT offers two programs that empower youth to recognize their value and potential. These seven-week educational courses are taught in a comfortable and fun environment amongst peers.

REDFLAG & CONTROL will educate our youth to identify and prevent unhealthy relationships. These courses develop leaders within our community. These leaders will bring about change in the lives of others while accepting nothing less than healthy relationships within their own lives.

- R** RESPECT - Respect yourself!
- E** EXPECT DISRESPECT - Disrespect will happen in your life.
- D** DECIDE - What you are going to do when you receive disrespect?
- F** FUTURE - What will your future look like if you accept the disrespect?
- L** LEAD - Lead, don't be led!
- A** AUTHENTIC - In a world where you can be anything... Be YOURSELF!
- G** GIFT - Your life is a gift, your time is a gift, Who are you giving your gifts to?

- C** CONTROL - Who is in control of your life?
- O** OVERCOME - Overcome your circumstances.
- N** NEVER - There is never an excuse for abuse!
- T** TIME - It's time to stand up!
- R** RESPECT - Respect yourself!
- O** OUTLINE - Outline your life... the choices you make today affect your tomorrow.
- L** LEAD - Lead, don't be led!

LOOK WHAT OUR STATEMENT GIRLS ARE SAYING ABOUT REDFLAG...



7TH GRADERS FROM NORTHWOOD MIDDLE SCHOOL ARE "MAKING A STATEMENT" AT THE SERVICE STATION!

We asked the girls the following question:

"Why is the REDFLAG program important to you?"

- "Teenagers need to be educated in knowing the red flags of dating abuse to recognize if a relationship is abusive and what to do about it!"
- "There needs to be more awareness on dating abuse...too many people are involved in unhealthy relationships!"

- "Some students will give in to sex because of dating abuse pressure."
- "We can help prevent dating abuse for the future and help more people!"
- "No one should ever be in a bad relationship!"

- "Too many students are getting abused."
- "People do not deserve to suffer."
- "This class will teach how to be more careful about who to date!"

WAY TO GO GIRLS!

YOU ARE SURE TO

"MAKE A STATEMENT!"

REARDAN HIGH SCHOOL IS BRINGING THE 1ST DATING ABUSE PREVENTION & AWARENESS WEEK TO THEIR SCHOOL!



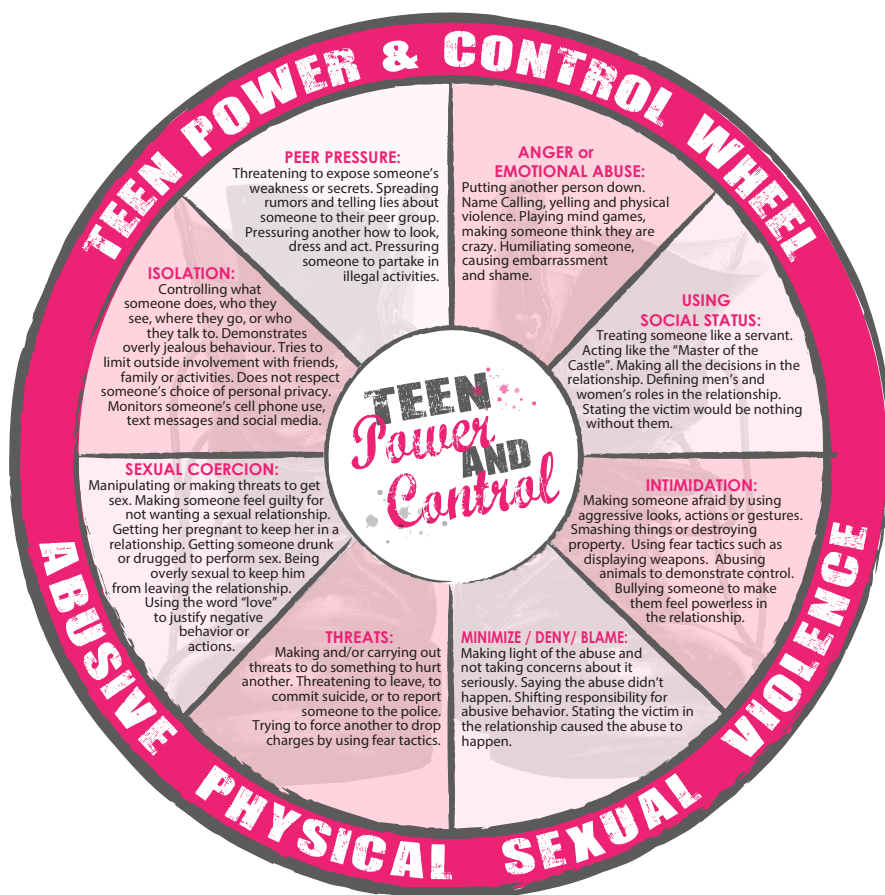
My name is McKenzie Brannan, I am 17 and a Sophomore at Reardan High School. I am a member of FCCLA Region 10. My partner Hannah Southwick and I are in the process of completing a project about dating abuse awareness and

prevention. This is important to me for I have seen dating abuse firsthand in my family and the effects it has on someone. My name is Hannah Southwick. I am a Senior at Reardan High School. I too have seen firsthand within my family and very close friends the effects that relationship abuse can have on someone.

Together, we are excited to take a stand against dating abuse and "Make A Statement" by bringing to our school the first dating abuse prevention and awareness week. We believe that no one should be treated in a harmful manner. We decided that by doing this project we could make an impact on our school, our community and many more. During the first week of February we will be conducting the first awareness week of this type in our school and community. We plan to raise awareness

about the prevention of dating abuse and give students the resources to help them get out of an unhealthy relationship. We will conduct a high school wide survey to demonstrate the percentage of students who know facts and information about dating abuse. At the end of the week students will take a post survey to show knowledge retained over the course of the week, as well as the impact we made in our school. During our awareness week we will display posters around the school to give students more information about relationship abuse.

Although this is a serious subject, we are going to have theme days during the week to lighten the mood a little. These days will either have a color to wear or a specific activity for the day. On January 30th, 2015 we will have Jenny Moeller, the Founder and President of "Create Your Statement" speak at our school assembly to kick off the week. February 6th, 2015 Jenny will come back to speak and we will ask everyone to take the pledge and sign the banner against relationship abuse. Our hope is that the "Create Your Statement" awareness week will become an annual tradition at Reardan High school and throughout the schools in Spokane and the surrounding areas.

FEBRUARY IS "TEEN DATING VIOLENCE AND PREVENTION MONTH"!**A RELATIONSHIP FULL OF CONTROL, IS A RELATIONSHIP OUT OF CONTROL!****AWARENESS, PREVENTION AND LEADERSHIP ARE KEY!****UPCOMING CLASSES**

- 1/20 - 3/3 Service Station
- 4/21 - 6/2 Service Station
- 2/2 -2/6 "Create Your Statement" Dating Abuse Prevention Week at Reardan H.S.
- 3/24-3/26 FCCLA State Convention in Wenatchee WA
- 4/17 Girl Power Camp in Chewelah WA
- 4/30 Auburn High school leadership camp

Please call to enroll.

Romans 12:2

**SPECIAL ACKNOWLEDGMENT TO OUR SUPPORTERS**

A special thanks to our Statement sponsors, supporters and volunteers.

Please help us continue our mission to combat dating abuse by becoming a monthly sponsor. Your contribution of \$35.00 per month will allow one student to participate in the REDFLAG or CONTROL program.

BOARD OF DIRECTORS:

Jenny Moeller, Kyle Jordan, Brad Moeller, Sadie Prosser, Ophelia Araujo, Michelle DeSpain, Steve Anderson, Klaire Powers, Heidi Lauritzen

