



# Quarterly Combat



VOLUME 7

SPRING EDITION 2015



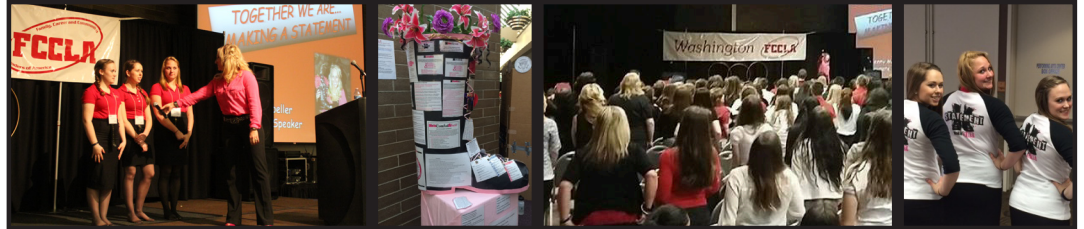
## LOOK WHO'S MAKING A STATEMENT...

STATEMENT offers two programs that empower youth to recognize their value and potential. These seven-week educational courses are taught in a comfortable and fun environment amongst peers.

REDFLAG & CONTROL will educate our youth to identify and prevent unhealthy relationships. These courses develop leaders within our community. These leaders will bring about change in the lives of others while accepting nothing less than healthy relationships within their own lives.

- R** RESPECT - Respect yourself!
- E** EXPECT DISRESPECT - Disrespect will happen in your life.
- D** DECIDE - What you are going to do when you receive disrespect?
- F** FUTURE - What will your future look like if you accept the disrespect?
- L** LEAD - Lead, don't be led!
- A** AUTHENTIC - In a world where you can be anything... Be YOURSELF!
- G** GIFT - Your life is a gift, your time is a gift, Who are you giving your gifts to?

- C** CONTROL - Who is in control of your life?
- O** OVERCOME - Overcome your circumstances.
- N** NEVER - There is never an excuse for abuse!
- T** TIME - It's time to stand up!
- R** RESPECT - Respect yourself!
- O** OUTLINE - Outline your life... the choices you make today affect your tomorrow.
- L** LEAD - Lead, don't be led!



STATEMENT KEY NOTE SPEAKER AT FCCLA STATE CONVENTION IN WENATCHEE, WA

This March Statement was honored to key note present at the FCCLA (Family Career and Community Leaders of America) State convention in Wenatchee WA. Over 600 students and school supervisors were reached. Statement had the honor of hosting three break-out sessions in addition to the key-note. The message of preventing dating abuse and leadership development was received with passion! CONGRATS! to the Reardan High School girls (Hannah Southwick, Teresa Durheim, and Shila Kane) who took 1ST PLACE! at the State convention with their presentation on preventing dating abuse...check out their awesome combat

boot display! WAY TO GO GIRLS! YOU ARE "MAKING A STATEMENT!"

The FCCLA State convention was truly the Ultimate Leadership Experience. Much appreciation to Jenny Moeller, Ophelia Araujo, Heather Konsbruck, Jason and Kari Wolther, our entire board and all those who support us in this necessary mission to change lives...What a blessing to do what we do!

**TOGETHER WE WILL  
"MAKE A STATEMENT"...**  
**TOGETHER WE WILL COMBAT  
DATING ABUSE!**

## STATEMENT UPDATE

### In February...

- \* 11 girls from Northwood Middle School went through the 7-week REDFLAG program.
- \* Statement was privileged to present as the key note at Reardan High School for the first "Create Your Statement" Dating abuse awareness week...216 students were reached!
- \* Statement instructed a healthy relationship workshop for Volunteers of America/Cross Walk...25 kids were reached!

### In March...

- \* Statement made their presence known at the State Convention in Wenatchee as the key note... over 600 students,

teachers, and mentors were reached! Three break-out sessions were held as well totaling 180 students.

### In April...

- \* Statement was honored to key note present at the annual Girl Power event held in Chewelah WA. Over 100 girls, school supervisors and teachers were reached!
- \* Statement was one of the key note presenters at the Auburn "Be Amazing!" event...over 75 students, supervisors, mentors and teachers were reached!

### In May...

- \* Statement is leading the REDFLAG class at the Boys and Girls Club - an average of 20 girls will be reached.

**AWARENESS, PREVENTION AND LEADERSHIP ARE KEY!****KNOW YOUR RIGHTS!**

- I have the right to set boundaries.
- I have the right not to engage in sexual activity without feeling guilty or pressure.
- I have the right to express my opinions.
- I have the right to change my mind.
- I have the right to be respected.
- I have the right to feel safe.
- I have the right to privacy.
- I have the right to develop and grow in my own unique gifts and talents.
- I have the right to hang out with my friends.
- I have the right to break up without being threatened emotionally.
- I have the right TO BE ME!
- I have the right to "MAKE A STATEMENT!"

**THERE IS NEVER AN EXCUSE FOR ABUSE!****UPCOMING CLASSES / EVENTS**

- May 19th - Youth & Community Leader Forum - YMCA
- May 20th - P.O.W.E.R (Prevention, Outreach, Wellness, Education & Resources Coalition)
- May - June - REDFLAG: Boys & Girls Club
- June - July - REDFLAG: Service Station
- June 13th - Make A Statement Day - Life Center
- June 20th - Make A Statement Day - Life Center
- July - 1st CONTROL focus group
- August - REDFLAG - Summer Camp - YMCA
- August 28th-29th - Train - The - Trainer- (Learn how to get involved as a REDFLAG Mentor) -YMCA



Romans 12:2

**ELIMINATING PRINTED NEWSLETTERS BY JULY 2015**

Statement will now be sending out the Quarterly Combat Newsletter through email to save on printing costs. We will however send an Annual Report at the end of each year. If you would like to receive the Quarterly Combat Newsletter electronically, please send your email address to [info@createyourstatement.com](mailto:info@createyourstatement.com)

**SPECIAL ACKNOWLEDGMENT TO OUR SUPPORTERS**

A special thanks to our Statement sponsors, supporters and volunteers.

Please help us continue our mission to combat dating abuse by becoming a monthly sponsor. Your contribution of \$35.00 per month will allow one student to participate in the REDFLAG or CONTROL program.

**BOARD OF DIRECTORS:**

Jenny Moeller, Kyle Jordan, Brad Moeller, Sadie Prosser, Ophelia Araujo, Michelle DeSpain, Steve Anderson, Klaire Powers, Heidi Lauritzen

