



Quarterly Combat



VOLUME 5

FALL EDITION 2014



STATEMENT offers two programs that empower youth to recognize their value and potential. These seven-week educational courses are taught in a comfortable and fun environment amongst peers.

REDFLAG & CONTROL will educate our youth to identify and prevent unhealthy relationships. These courses develop leaders within our community. These leaders will bring about change in the lives of others while accepting nothing less than healthy relationships within their own lives.

R **RESPECT** - Respect yourself!

E **EXPECT DISRESPECT** - Disrespect will happen in your life.

D **DECIDE** - What you are going to do when you receive disrespect?

F **FUTURE** - What will your future look like if you accept the disrespect?

L **LEAD** - Lead, don't be led!

A **AUTHENTIC** - In a world where you can be anything... Be YOURSELF!

G **GIFT** - Your life is a gift, your time is a gift, Who are you giving your gifts to?

C **CONTROL** - Who is in control of your life?

O **OVERCOME** - Overcome your circumstances.

N **NEVER** - There is never an excuse for abuse!

T **TIME** - It's time to stand up!

R **RESPECT** - Respect yourself!

O **OUTLINE** - Outline your life... the choices you make today affect your tomorrow.

L **LEAD** - Lead, don't be led!

LOOK WHAT OUR STATEMENT GIRLS ARE SAYING ABOUT REDFLAG...



Hi my name is Ophelia Araujo and I have a great message for the community.

I want to let you know why I stand behind Create Your Statement

and their mission to help educate our youth around the subject of dating abuse.

I worked with victims of domestic violence for over a decade. I have seen the devastation that happens to women not only physically, and financially, but more over emotionally. When and if these victims come out of their abusive relationship, it can take them years to get back who they are as a person embracing their own identity, a solid financial standing,

regaining trust in others and overall emotional stability.

I feel that STATEMENT is a tremendous blessing. Statement is helping stomp out abuse before it even starts by educating our young girls and boys how to not become victims of this epidemic. Not only will the city of Spokane benefit from this program, but other cities and states will as well!

STATEMENT, keep your combat boots on and continue to move forward with your mission. I see this program lowering domestic abuse statistics through out our country. I stand behind Statement and it's mission. How about you?

Ophelia Araujo
Statement Vice President



My name is Tommy Williams and I am the CEO of Operation Healthy Family. Part of our mission is to help students in the area of Social Justice by encouraging them to

become leaders by taking a stand against violence in their community.

I am proud to support the Create Your Statement organization who developed the REDFLAG Program for girls and the CONTROL Program for boys. Both programs educate young men and women to identify and prevent unhealthy relationships. These programs are essential to help shine a light on dating abuse and domestic violence in our community.

I applaud Create Your Statement for taking a stand against dating abuse and domestic violence by spear heading programs in our community in AWARENESS, PREVENTION & LEADERSHIP. I especially applaud the CONTROL program because society tells young boys that its OK to be aggressive and "Real Men Don't Cry", however there are boys who are abused and stalked while staying in abusive relationships. These mixed messages can have a lasting effect on a persons life and can be very dangerous. Programs like CONTROL and REDFLAG will give young people the tools needed to learn how to be in a safe, healthy & loving relationship.

Tommy Williams, Jr. M.Ed
President/CEO
Operation Healthy Family (OHF)

MAKING A STATEMENT!

Wow! It is hard to believe "Fall" is already upon us as we find ourselves in the month of November. November...the month of Thanksgiving and Statement has so much to be thankful for this season.

Statement has had a busy fall and is truly "Making A Statement" in our community! We had an amazing fundraiser in September at Trezzi Farms Winery with over 300 guests! Sheriff Ozzie was our emcee and shared a very compelling talk. Students performed a live skit and dating abuse awareness was brought to the fore-front with passion.

Also in September, Statement was honored to be elected as the beneficiary for the first annual Spokane "Happy Girls" run. The 5K, 10K and half marathon was a great success with over 1100 runners. Students and volunteers really stepped up to make this event a great new tradition for Statement!

In October Statement was asked to be the key-note presenter at the FCLLA Region 10 meeting with 9 local and surrounding schools in attendance. The response was well received and the need for a program like Statement was apparent. We have since been asked to represent our program and key-note present at the FCLLA State convention in

Wenatchee next March.

Statement participated in the "Stop Violence Against Women Expo" in October, again bringing much needed exposure to our city regarding domestic violence.

Statement will be interfacing with a young girls group through a local family counseling practice. The focus is on maintaining a positive self-esteem and the prevention of dating abuse.

We will be teaching upcoming classes, training new instructors and will continue to "Make A Statement" for our youth and our city.

Once again Statement has so much to be thankful for this season. With your heart for this cause, your support through financial giving, your willingness to volunteer and your prayers we can continue to help diminish the cycle of dating abuse and develop positive leaders within our community and abroad.

Please join with us and put your "combat boots on"...our youth help define our city! Let's make a difference together! We are asking for your help to increase our scholarship fund – please consider a one-time gift of \$100.00 this season or a

monthly sponsorship of \$35.00 (the cost to put one student through the seven-week curriculum).

Statement is making a difference because of you! Let's educate, bring awareness, prevent dating abuse and develop leaders! AWARENESS, PREVENTION, and LEADERSHIP are KEY!!!

COMMUNITY CORNER...

JOIN STATEMENT AT



2503 W Wellesley Ave,
Spokane, WA 99205

DECEMBER 8TH, 2014
anytime from 5:00pm – 9:00pm

15% of the proceeds go directly to the cause! Enjoy fabulous Mexican cuisine while making a difference for our youth!

Please mention that Statement sent you!

We appreciate your support!

UPCOMING CLASSES/EVENTS:

- Dec. Reardan High School
- Jan. Exit Youth Group
- 1/20-3/3 Service Station
- 4/21 - 6/2 Service Station

Please call to enroll.

Romans 12:2

SPECIAL ACKNOWLEDGMENT TO OUR SUPPORTERS

A special thanks to our Statement sponsors, supporters and volunteers.

Please help us continue our mission to combat dating abuse by becoming a monthly sponsor. Your contribution of \$35.00 per month will allow one student to participate in the REDFLAG or CONTROL program.

BOARD OF DIRECTORS: Jenny Moeller, Kyle Jordan, Brad Moeller, Sadie Prosser, Ophelia Araujo, Michelle DeSpain, Rebecca Templeton, Steve Anderson, Klaire Powers, Heidi Lauritzen



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