



A little note from Jenny...

Many people think of January as a time to start fresh with new goals and routines. But I find that September is a great time to hit the re-start button. A couple great questions we ask our youth are "If you continue to make the same choices you are making today, where will your life be this time next year?" and "What did you do today, that you can do better tomorrow?" Personally, I know that I can make many different choices and changes to "gear up" for a great year. Get in gear to help Create Your Statement combat dating abuse and develop amazing leaders!

Thank you for who you are and all that you do,

Jenny Moeller
Founder/President

In This Issue

[A Little Note from Jenny](#)

[Statement Around the Community](#)

[Inspiring Young Leaders](#)

[Expanding Our Reach](#)

[Gear Up for Statement](#)

Upcoming Events

[Happy Girls Run Spokane](#)

[REDFLAG 7-Week Class](#)

GEAR UP for the Happy Girls Run THIS Saturday!



Saturday, Sept 24th @ 9:00 am

We're proud to partner with Athleta and Lay It Out Events for the 2016 Happy Girls Run in Spokane, bringing together women of all fitness levels and achievement for their choice of running a 5K, 10K, or half marathon. Proceeds benefit our programs to help combat dating abuse!

Learn more at happygirlsrunspokane.com

Thank you to all of our amazing sponsors:

- Nelson's Towing, Repair, & Auto Body
- Jeff Moeller
- Moloney+O'Neill
- RV Craig Construction
- Spring Marie Hill (In Memory of)
- Kay McGonigle (In Memory of)
- Farmgirlfit
- URM Stores
- Albertsons

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TODAY

What's Statement doing to GET IN GEAR?

We're making a Statement around the community.

This summer, we've kept busy building relationships with various leaders and organizations in our community in hopes of teaching **even more** youth about dating abuse and how to prevent it. We've had lots of success! Here are some highlights of what's to come...

- *Faith-based classes:* Starting this month, Statement is presenting the faith-based REDFLAG program once a week (for seven weeks) to a group of three teen mom/pregnancy support organizations: **Grace Son, iChoice, and Young Lives.**
- *Community-based classes:* Next month, we'll be teaching the REDFLAG class once a week to two separate groups of girls in the **Juvenile Courts' Diversion and BECCA** programs. We are also in the process of planning classes at the **YMCA** in January.
- *School-based classes:* In October and February, we are offering two-day presentations on dating abuse 101 to **Mead High School** health classes, serving approximately 125 students.

*Do you know any organizations that would benefit from Statement's programs? **Let us know!***

We're taking every opportunity to inspire young leaders.

In August, we held our very first Girls' Get-A-Way at Northern Quest Casino & Resort. This was an intensive overnight training featuring the full seven classes of the REDFLAG program sprinkled with crafts, swimming, and a day of pampering at La Rive Spa!



Our greatest joy in working with youth is seeing the sparkle in a student's eye when they realize their true worth and ability to set boundaries, achieve goals, and live a life full of health and happiness! Girls' Get-A-Way provided many opportunities to experience this joy.

We had the privilege of working with 26 amazing girls from around the Spokane area, including girls from Kalispel Tribe, Mead School District, and private schools. What an honor to see these girls grow in such a short 24-hour period! Walls were broken down, tears were shed, and there was a lot of uncontrollable laughter.

[Read more on our blog...](#)

We're expanding our reach with Train the Trainer.



We recently held our Train the Trainer REDFLAG Summer Boot Camp at the Kalispel Golf & Country Club on July 22-23rd. We had 8 wonderful women participate in our training, including individuals in public and private education, philanthropy, and we even had two ladies visiting from Arizona.

Stay tuned for our next Train the Trainer event!

[Read more on our blog...](#)

How can you GEAR UP for Statement?

DONATE: Give a one-time gift to support Statement's programs **OR** give a monthly gift of \$35 to sponsor a student to attend our classes.

**DONATE
TODAY**

VOLUNTEER: Help with fundraising events and programming efforts such as marketing and outreach, class and event coordination, and administrative support.

BECOME A TRAINER: Educate young people about dating violence and promote leadership and character development.

SPREAD THE WORD: Get a group going! Do you know a group of students who would like to attend our seven-week program?



Would you like to get involved? [Contact us!](#)

[Forward this email](#)

STAY CONNECTED

